

Resource Pack for Churches and Families

**ACTIVE IN
MISSION**

This packet is a great starting place for your kids ministry or family to begin discussing big topics like food insecurity.

Use as a Sunday school lesson or a family devotion time!

What is Active in Mission?

Food security is still a big problem in the world, even today. You might see people around you who don't have enough to eat. But what's harder to notice is that problems like wars in some countries, changes in the economy, and extreme weather are also making it harder for many people to get the food they need.

Active in Mission is a partnership between Canadian Baptist Ministries and our family of churches across Canada. Individuals, teams and churches sign up to raise money through an activity of their choice.

Over the past three years, we've raised over \$232,000 to help feed people locally and globally! Half these funds stay right here in Canada, supporting local initiatives, while the other half helps provide food programming through CBM's partners around the world.

LEARN MORE AT ACTIVEINMISSION.CA

Additional Resources



ONE TOO MANY

Talk to your denomination's Communications team about how to get a copy of the book for your church.



TABLE GRACES

A downloadable collection of multilingual prayers and blessings for mealtimes.



WHAT IS FOOD SECURITY?

A video from the Canadian Foodgrains Bank explaining food security, and how it relates to ending global hunger.



PRINT THIS BOOKLET

A PDF download of this booklet for you to share with others or print for your kids ministry.

Or visit activeinmission.ca

In this Packet:



A kids lesson about food security with Scripture stories, a prayer, and an author-guided video discussion on the book One Too Many.



A colouring page



A planning worksheet to get you started with Active in Mission



One Too Many

Book Study and Discussion

Author Linda Grace Smith provides a reading and discussion of One Too Many in this 20-minute video.



Discussion Questions

Have you ever experienced hunger, bullying, loneliness or sickness?
What did that feel like? Who helped you?

Have you ever been able to help someone else when they were hungry?
What did that feel like?

Can you think of a story when Jesus fed people, or taught His followers to help others not go hungry? (Hint: read Matthew 15:32-38, Matthew 25:34-40, John 6:1-15)

Look at the quote below, and the images. What do you think the author means when she says, "not only gives, but teaches to fish?"

Can you think of examples of people helping others in this way? Check out the next page for some great stories from CBM!

Prayer

Dear God, thank You for Your great love for every person.

Thank You for giving us the chance to participate in caring for the people You love so much.

Please give leaders in all countries the wisdom and compassion to make decisions which work towards ending hunger. Please help us share ideas and work as a community. Amen.



**As long as there's one
Who offers a dish,
And not only gives
But then teaches to fish**



Global Stories

Canadian Baptist Ministries

Pedro's Family

Pedro Martínez lives with his wife and two daughters in Cantón Los Zacatillos, El Salvador. Pedro and his family, like many in their community, rely on farming as their primary source of income. Despite their hard work, it has been a challenge to save money, while also trying have enough healthy food on the table.

 **Globally**
El Salvador



Pedro was invited to the Creation Care and Food Security Project, run by CBM's local church partner, Baptist Association of El Salvador. With the introduction of a chicken farming program, the Martínez family found a new source of income that helped them be able to afford more healthy food.

"Since being involved with the project, I have felt that we are important," Pedro says. "I am grateful because it has really improved our lives."

Hafra's Children

In Lebanon, Hafra works hard to care for her family. Hafra, her husband who is injured and can't work, and 10 children were forced to flee their town and move to the Beqaa Valley, because war made it not safe to be in their home anymore.

"I have so much anxiety, wondering every day if I am going to be able to provide for us all. I feel drained and exhausted, mentally and physically," says Hafra.

 **Globally**
Lebanon



Since February 2025, Hafra has received vital assistance through the True Vine Church, a local partner supported by CBM. They supply her with food boxes containing basic ingredients, so she can spend her money on vegetables instead.

"The kids are so happy to eat regularly again," she says.



Name

I want to participate in Active in Mission because...

List 5 people you could invite to join your Active in Mission team, or start their own team!

List 10 people you will ask to sponsor you to help you reach your fundraising goal.

Activity Brainstorm

Read below about what other teams have done for Active in Mission in the past.

Then, brainstorm some sports and activity ideas YOU might like to do. How could you and your team get active?

Some Ideas for Getting Active

Team Skipping

A Sunday school class in Vancouver raised \$500 by performing 2,500 skips of a skip rope as a team.

Disc Golf

One guy in Nova Scotia raised \$150 by playing 151 holes of disc golf.

Dance Party!

A summer day camp program invited campers to bring money for AiM throughout the week, and got active through worship music dance parties!

Volleyball

Families from an Alberta church held a 24-hour volleyball-athon

Cycling

One church in Winnipeg biked and ran 500km collectively over the month of August.



NEXT STEPS



1. Choose a fundraising goal



3. Sign up on activeinmission.ca



5. Invite people to donate



2. Choose an activity



4. Invite people to join your team



6. Get ACTIVE!